

Critical Care Medicine Blueprint

Certification Examination (CERT)

Purpose of the exam

The exam is designed to evaluate the knowledge, diagnostic reasoning, and clinical judgment skills expected of the certified critical care medicine specialist in the broad domain of the discipline. The ability to make appropriate diagnostic and management decisions that have important consequences for patients will be assessed. The exam may require recognition of common as well as rare clinical problems for which patients may consult a certified critical care medicine specialist.

Exam content

Exam content is determined by a pre-established blueprint, or table of specifications. The blueprint is developed by the ABIM and is reviewed annually and updated as needed for currency. Trainees, training program directors, and certified practitioners in the discipline are surveyed periodically to provide feedback and inform the blueprinting process.

The primary medical content categories of the blueprint are shown below, with the percentage assigned to each for a typical exam:

Medical Content Category	% of Exam
Renal, Endocrine, and Metabolic Disorders	15.0%
Cardiovascular Disorders	17.5%
Pulmonary Disease	20.0%
Infectious Disease	12.0%
Gastrointestinal Disorders	5.0%
Neurologic Disorders	9.5%
Hematologic and Oncologic Disorders	5.5%
Surgery, Trauma, and Transplantation	7.0%
Pharmacology and Toxicology	4.5%
Research, Administration, and Ethics	2.0%
Critical Care Ultrasound Scanning	2.0%
	100%

Exam questions in the content areas above may also address clinical topics in general internal medicine that are relevant to the practice of critical care medicine (including some general pediatrics with an emphasis on adolescent medicine).

ABIM is committed to working toward health equity and believes that board-certified physicians should have an understanding of health care disparities. Therefore, health equity content that is clinically important to each discipline will be included in assessments, and the use of gender, race, and ethnicity identifiers will be re-evaluated.

Exam format

The exam is composed of up to 240 single-best-answer multiple-choice questions, of which approximately 40 are new questions that do not count in the examinee's score. Most questions describe patient scenarios and ask about the work done (that is, tasks performed) by physicians in the course of practice:

- Making a diagnosis
- Ordering and interpreting results of tests
- Recommending treatment or other patient care
- Assessing risk, determining prognosis, and applying principles from epidemiologic studies
- Understanding the underlying pathophysiology of disease and basic science knowledge applicable to patient care

Clinical information presented may include various media illustrating relevant findings, such as diagnostic imaging studies. Some questions require interpretation of pictorial material, such as pressure tracings, ultrasound scans, magnetic resonance imaging scans, electrocardiograms, radiographs, computed tomograms, radionuclide scans, and photomicrographs. <u>Learn more information on how exams are developed</u>.

A tutorial including examples of ABIM exam question format can be found at http://www.abim.org/certification/exam-information/critical-care-medicine/exam-tutorial.aspx.

The blueprint can be expanded for additional detail as shown below. Each of the medical content categories is listed there, and below each major category are the content subsections and specific topics that *may* appear in the exam. <u>Please note:</u> actual exam content may vary.



Renal, Endocrine, and Metabolic Disorders **15%** of Exam Sodium-water balance 2% Hyponatremia Syndrome of inappropriate antidiuretic hormone secretion Cerebral salt wasting Psychogenic polydipsia Hypothyroidism latrogenic Exercise-induced Hypernatremia Central diabetes insipidus Nephrogenic diabetes insipidus Osmotic diuresis Primary hypodipsia Dehydration Gastrointestinal fluid losses Hypervolemia Hypovolemia Potassium disorders <2% Hyperkalemia Pseudohyperkalemia Drug-induced Adrenal insufficiency Hypokalemia Vomiting Diarrhea **Renal losses** Drug-induced **Acid-base disorders** 4.5% Metabolic acidosis Increased anion gap Lactic acidosis Ketoacidosis Hypoalbuminemia Normal anion gap



Saline resuscitation-associated

Decreased anion gap in multiple myeloma

Diarrhea

Drug-induced

Metabolic alkalosis	
Diuretic-induced (contraction alkalosis)	
Other metabolic alkalosis topics (parenteral	
nutrition-induced, complications of citrate ant	icoagulation)
Mixed acid-base disorders	
Respiratory acidosis	
Respiratory alkalosis	
Toxic ingestions	<2%
High osmolar gap	
Ethanol	
Methanol	
Isopropyl alcohol	
Ethylene glycol	
Propylene glycol	
Normal osmolar gap	
Salicylates	
Calcium, phosphate, and magnesium disorders	<2%
Hyperphosphatemia	
Hypophosphatemia	
Hypercalcemia	
Hypocalcemia	
Hypermagnesemia	
Hypomagnesemia	
Hyperammonemia	<2%
Diabetes mellitus (excluding diabetic ketoacidosis)	
and energy metabolism	<2%
Hyperglycemic hyperosmolar state	
Hyperglycemia	
Hypoglycemia	
Thyroid disorders	<2%
Hypothyroidism	
Hyperthyroidism	
Nonthyroidal illness syndrome	
Parathyroid disorders	<2%
Adrenal disorders	<2%
Adrenal insufficiency	
Relative adrenal insufficiency in critical illness	
Adrenal excess	
Addison Disease	



Pituitary disorders	<2%
Tumor-related syndromes	<2%
Acute kidney injury	2%
Contrast-induced	
Pigment-induced	
Oncology-related	
Pre-renal disease	
Intrinsic disease	
Glomerulonephritis	
Interstitial nephritis	
Rhabdomyolysis	
Acute tubular necrosis	
Renal replacement therapy	

Cardiovascular Disorders

17.5% of Exam

Acute coronary syndromes

<2%

<2%

Unstable angina pectoris and non-ST-segment elevation myocardial infarction (NSTEMI)

Unstable angina pectoris

NSTEMI

ST-segment elevation myocardial infarction (STEMI)

Diagnosis

Complications

Heart failure, cardiogenic shock

Ventricular septal defect Acute mitral regurgitation

Ventricular wall rupture

Electrical conduction abnormalities

Right ventricular failure

Arrhythmias

Management of STEMI

Cocaine-related ischemia

Arrhythmias

Supraventricular tachycardia

Atrial fibrillation

Atrial flutter

Multifocal atrial tachycardia

Pre-excitation syndromes



	Paroxysmai supraventricular tachycardia	
	(atrioventricular [AV] nodal reentrant tachycardia)	
	Ventricular arrhythmias	
	Nonsustained ventricular tachycardia	
	Monomorphic ventricular tachycardia	
	Polymorphic ventricular tachycardia	
	Ventricular fibrillation	
	Accelerated idioventricular rhythm	
	Long QT syndrome	
	Brugada syndrome	
	Bradyarrhythmias	
	Sinus bradycardia	
	Sinoatrial exit block	
	Atrioventricular block	
	Pacemakers and defibrillators	
Hear	t failure	3.5%
	Heart failure with reduced ejection fraction (HFrEF)	
	Heart failure with preserved ejection fraction (HFpEF)	
Hem	odynamic monitoring	5.5%
	Interpretation of arterial catheterization	
	Pulmonary arterial catheterization	
	Central venous catheterization	
	Non-invasive hemodynamic monitoring	
Vasc	ular disorders	<2%
	Aortic dissection and aneurysm	
	Aortic dissection	
	Aortic aneurysm and transection	
	Shock	
	Hypertensive emergency and urgency	
Valvı	ular heart disease	<2%
	Mitral stenosis	
	Aortic stenosis	
	Aortic regurgitation	
	Mitral regurgitation	
	Endocarditis	
	Structural defects	
	Atrial	
	Ventricular	



Pericardial disease	<2%
Pericarditis	
Cardiac tamponade	
Myocardial disease	<2%
Myocarditis	
Hypertrophic cardiomyopathy	
Peripartum cardiomyopathy	
Stress cardiomyopathy	
Mechanical circulatory support	<2%
Intraaortic balloon pump (IABP) counterpulsation	
Extracorporeal membrane oxygenation (ECMO)	
Ventricular assist devices (VADs)	
Transplanted heart	<2%
Pulmonary Disease	20% of Exam
Respiratory failure	2%
Hypoxemic	
Hypercapnic	
Mechanical ventilation	6%
Initiation and maintenance of mechanical ventilation	
Endotracheal intubation and tracheostomy	
Modes	
Oxygenation	
Ventilation (CO ₂)	
Waveforms	
Respiratory system compliance (lung mechanics)	
Complications of mechanical ventilation	
Barotrauma	
Bronchopleural fistula	
Ventilator-induced lung injury	
Dynamic hyperinflation (auto-PEEP)	
Intracardiac shunt	
Complications of endotracheal tubes and tracheostomy	
Liberation from mechanical ventilation	
Noninvasive ventilation	
Airway disease	2%
Upper airway disease	
Upper airway obstruction	



Tracheoesophageal fistula

	Intubation-related laryngeal edema	
	Anaphylactic airway edema and increased	
	negative inspiratory pressure	
	Airway control	
	Asthma	
	Chronic obstructive pulmonary disease (COPD)	
Parench	nymal lung disease	5%
	Acute respiratory distress syndrome (ARDS)	
	Pneumonia	
	Community-acquired pneumonia (CAP)	
	Typical bacterial	
	Atypical bacterial	
	Aspiration	
	Viral	
	Fungal	
	Hospital-acquired pneumonias and	
	immunocompromised hosts	
	Ventilator-associated pneumonia (VAP)	
	Hematogenous pneumonia	
	Aspergillus pneumonia	
	Non-Aspergillus pneumonia	
	Pneumocystis jirovecii pneumonia	
	Viral pneumonia	
	Noncardiogenic pulmonary edema	
	Neurogenic	
	Tocolytic	
	Negative-pressure	
	High-altitude	
	Interstitial lung disease	
	Diffuse alveolar hemorrhage	
	Atelectasis	
Pulmon	ary vascular disorders	2%
	Pulmonary thromboembolism	
	Deep venous thrombosis (DVT)	
	Pulmonary embolism (PE)	
	Nonthrombotic embolism	
	Air	
	Tumor	
	Septic	



Pulmonary hypertension

Acute chest syndrome in sickle cell disease

Pulmonary vasculitis

Hepatopulmonary syndrome

Hemoptysis <2%

Massive

Submassive

Pleural disorders 2%

Pleural effusion

Infectious (empyema)

Noninfectious

Pneumothorax

Hemothorax

Infectious Disease 12% of Exam

Systemic infections

<2%

Sepsis and septic shock

Bacterial infections (typical and atypical)

Tuberculosis

Atypical mycobacterial infections

Nocardiosis

Listeriosis

Brucellosis

Typhoid fever

Tularemia

Plague

Rickettsial or Rickettsial-like infections

Rocky Mountain spotted fever

Erlichiosis/Anaplasmosis

Spirochetal infections

Lyme disease

Leptospirosis

Fungal infections

Viral infections

Parasitic diseases

Malaria

Babesiosis

Strongyloides hyperinfection syndrome

Giardiasis



Cen	trai nervous system infections	<2%
	Meningitis	
	Bacterial	
	Meningococcal	
	Pneumococcal	
	Syphilitic	
	Listerial	
	Fungal	
	Mycobacterial	
	Encephalitis	
	Viral	
	Herpes simplex virus	
	West Nile virus	
	Rabies	
	Parasitic	
	Brain abscess	
	Epidural abscess	
Hea	d, neck, and upper airway infections	<2%
	Eye and orbit	
	Septic cavernous sinus thrombosis	
	Soft tissue infections of the head and neck	
	Sinusitis	
	Epiglottitis	
Card	diovascular infections	<2%
	Pericarditis	
	Endocarditis	
	Device-related infections	
	Catheter-related infections (peripheral, central venous,	
	arterial, pulmonary artery)	
Gas	trointestinal and intra-abdominal infections	<2%
	Esophageal	
	Liver	
	Gallbladder and biliary	
	Pancreatitis	
	Necrotizing (infected)	
	Pancreatic abscess	
	Gastroenteritis	
	Community-acquired hacterial	



Colitis and diverticulitis	
Clostridioides (Clostridium) difficile—associated	
Parasitic	
Necrotizing enterocolitis (typhlitis)	
Cytomegalovirus colitis	
Peritonitis	
Small intestine and appendix	
Genitourinary tract infections	<2%
Cystitis, including catheter-related	
Pyelonephritis	
Perinephric abscess	
Soft tissue, bone, and joint infections	<2%
Bites	
Septic arthritis	
Infections associated with nonvascular	
transcutaneous catheters	<2%
Antimicrobial therapy and resistance	<2%
Nonallergic toxicity	
Allergic reactions	
Resistant organisms	
Gram-positive organisms	
Gram-negative organisms	
Fungi and inherent susceptibility	
patterns and resistance	
Pharmacokinetics	<2%
Infections in immunocompromised hosts	<2%
Opportunistic infections in human immunodeficiency	
virus (HIV) infection	
Neutropenia	
Transplantation	
Solid organ	
Hematopoietic cell	
Asplenia	
Corticosteroid immunosuppression	
Virulence factors	<2%
Toxic shock	
Bioterrorism	<2%
Hospital infection control	<2%



ointestinal Disorders	5.0% of Exam
Esophagus	<2%
Corrosive injury	
Perforation and rupture	
Fistula	
Stomach	<2%
Peptic ulcer disease	
Non-peptic ulcer disease	
Perforation	
Mechanical disorders	
Small intestine	<2%
Perforation	
Hemorrhage	
Mechanical and motility disorders	
Inflammatory bowel diseases	
Large intestine	<2%
Perforation	
Hemorrhage	
Mechanical and motility disorders	
Colonic ischemia	
Liver	<2%
Hepatitis	
Viral	
Autoimmune	
Alcohol- and drug-induced	
Toxin and solvent exposure	
Ischemic (shock liver)	
Budd-Chiari syndrome	
Portal hypertension	
Esophageal variceal hemorrhage	
Gastric variceal hemorrhage	
Spontaneous bacterial peritonitis	
Hepatorenal syndrome	
Hepatopulmonary syndrome	
Portopulmonary hypertension	
Fulminant hepatic failure	
Infection	
Alcohol- and drug-induced	



Infiltrative diseases and nonalcoholic steatohepatitis (NASH)

Toxin exposure

Encephalopathy

Cerebral edema

Hypotension

Pancreas <2%

Pancreatitis

Infectious

Gallbladder disease

Tumor

Alcohol- and drug-induced

Toxin exposure

Hypertriglyceridemia-induced

Complications

Gallbladder and biliary tract <2%

Cholecystitis, calculous and acalculous

Cholangitis

Neurologic Disorders	9.5% of Exam
Brain death	
(also see entry in Research, Ethics, and Administration)	<2%
Cerebrovascular disease	2.5%
Ischemic stroke	
Intracerebral hemorrhage	
Subarachnoid hemorrhage and aneurysm	
Complications	
Vasospasm	
Other subarachnoid hemorrhage and aneurysm	
topics (hydrocephalus)	
Cerebral vein and sinus thrombosis	
Seizures and status epilepticus	<2%
Seizures complicating critical illness	
Seizures during critical illness	
Pre-existing epilepsy in critically ill patients	
Status epilepticus	
Generalized convulsive status epilepticus	



Nonconvulsive status epilepticus

Electroencephalogram (EEG) monitoring in the	
intensive care unit (ICU)	
Repetitive seizures	
Neurogenic pulmonary edema	<2%
Neuromuscular respiratory failure	<2%
	\ 2/0
Guillain-Barré syndrome	
Critical illness myopathy	
Critical illness polyneuropathy	
Tetanus	
Myasthenia gravis	
Botulism	
Increased intracranial pressure	<2%
Head trauma	<2%
Nonpenetrating head trauma	
Penetrating head trauma	
Spinal cord injury	<2%
Cervical spine injury	
Thoracic spine injury	
Coma, encephalopathy, and delirium	<2%
Anoxic/hypoxic brain injury	
Metabolic encephalopathy	
Drug-induced encephalopathy	
Drug and alcohol withdrawal	
ICU-related delirium	
Targeted temperature management	
Analgesia, sedation, and neuromuscular junction blockade	2%
Analgesia	
Sedation	
Neuromuscular junction blockade	

Hematologic and Oncologic Disorders	5.5% of Exam
Red blood cell diseases	<2%
Anemias	
Polycythemias	
Hemoglobinopathies	
White blood cell diseases	<2%
Leukopenia (immune, drug-related)	
Leukemias	



Lymphoma	
Multiple myeloma	
Platelet disorders	<2%
Thrombocytosis	
Thrombocytopenia	
Platelet dysfunction	
Coagulopathies	<2%
Disseminated intravascular coagulation (DIC)	
Factor deficiencies	
Anticoagulant associated coagulopathy	
Hypothermia	
Hemorrhagic shock	
Hypercoagulable states	<2%
Proteins C and S, and antithrombin deficiency	
Factor V Leiden mutation	
Malignancy	
Hormone replacement therapy and oral contraceptives	
Antiphospholipid antibody syndrome	
Transfusion medicine	<2%
Blood products	
Apheresis	
Adverse effects	
Massive blood transfusion	
Transfusion refusal	
Solid tumors	<2%
Oncologic syndromes	<2%
Superior vena cava syndrome	
Tumor lysis syndrome	
Spinal cord compression	
Hyperviscosity syndrome	
Hypercalcemia	
Hematopoietic cell transplantation	<2%
Graft-versus-host disease	
Hepatic sinusoidal obstruction syndrome	
(veno-occlusive disease)	
Respiratory distress	
Complications of immunosuppressive drugs and chemotherapy	<2%
Cyclosporine	
Corticosteroids	



Alkylating agents
Methotrexate
Sirolimus
Tacrolimus
Mycophenolate mofetil
Azathioprine

Surgery, Trauma, and Transplantation	7.0 % of Exam
Cardiovascular and vascular surgery	<2%
Cardiac	
Mediastinal disease	
Vascular, aortic and peripheral	
Thoracic	
Abdominal and gastrointestinal	<2%
Acute abdomen	
Postoperative complications	
Mesenteric ischemia and ischemic colitis	
Abdominal compartment syndrome	
Genitourinary and obstetric emergencies	<2%
Urologic	
Obstetric	
Skin and soft tissues and extremities	<2%
Soft tissue infections	
Crush injury, myonecrosis, and rhabdomyolysis	
Necrotizing fasciitis	
Acute compartment syndrome	
Environmental injury	3.5%
Inhalation injury	
Hypothermia	
Submersion injury, near-drowning, and diving trauma	
Altitude injury	
Electrical injury and lightning strike	
Radiation injury	
Bioterrorism, noninfectious	
Heatstroke	
Burn injury	
General postoperative management	<2%



Trauma	<2%
Flail chest	
Pulmonary contusion	
Hemothorax	
Great vessel injury	
Airway injury, tracheobronchial laceration and rupture	
Foreign body aspiration	
Blunt myocardial injury	
Fat embolism syndrome	
Intra-abdominal injury	
Massive bleeding	
Shock	
Transplantation	<2%
Heart	
Lung	
Liver	
Kidney	
Pancreas and intestines	
Organ donation	

Pharmacology and Toxicology	4.5% of Exam
Basic pharmacologic principles	<2%
Pharmacokinetics	
Dosing adjustments for disease states	
Drug-drug interactions	<2%
Adverse effects of drugs	<2%
Immunologic allergic reactions	
Anaphylaxis	
Thrombotic thrombocytopenic purpura	
Stevens-Johnson syndrome	
Nonimmunologic adverse effects of drugs	
Electrolyte and metabolic	
Hyperthermia	
Neurologic	
Renal	
Hematologic	
Cardiac	
Toxicology, drug overdose, and poisoning	<2%



Acetaminophen

Beta-adrenergic blockers

Calcium channel blockers

Cyanide

Tricyclic antidepressants

Nitroprusside

Oral antihyperglycemic agents

Organophosphates

Salicylates

Sarin (nerve) gas

Selective serotonin reuptake inhibitors (SSRIs)

Additional psychotropic drugs

Scombroid food poisoning

Muscle relaxants

Xanthines

Iron toxicity

Antibiotic toxicity

Carbon monoxide

Methemoglobinemia

Research, Administration, and Ethics	2.0% of Exam
Intensive care unit (ICU) administration	<2%
Regulatory issues	
Intensive care unit (ICU) physical design	
Continuous quality improvement and patient safety	
Isolation	
Staffing issues	<2%
Physician extenders in the intensive care unit (ICU)	
Interactions between hospitalists and intensivists	
Medicolegal interactions	<2%
Ethical considerations	<2%
Patient autonomy	
Legal surrogates	
Informed consent for medical procedures	
Brain death (also see entry in Neurologic Disorders)	<2%
Conflict of interest	<2%
Advance directives	<2%
Patient confidentiality and Health Insurance Portability and	
Accountability Act (HIPAA) regulations	<2%
End-of-life issues	<2%



Organ donation	<2%
Medical futility	<2%
Medical research	<2%
Clinical trial design	
Statistical analysis	
Institutional review boards	
Teaching and education	<2%
Teaching formats	
Psychosocial issues	<2%
Professionalism	
Intensive care unit (ICU) burnout	
Impaired health-care professional	

Critical Care Ultrasound Scanning	2.0% of Exam
Cardiac	<2%
Pulmonary	<2%
Abdominal	<2%
Neurologic	<2%
Vascular	<2%

January 2024

